

**NEW YORK CITY COLLEGE OF TECHNOLOGY**  
**The City University of New York School of Arts & Sciences**  
**Department of Social Science Course Outline**

**Course code: PSY 1101**

**Course title: Introduction to Psychology**

**Class hours/credits: 3 class hours, 3 credits**

**Prerequisite: ELIGIBILITY FOR ENG 1101**

**Pathways: Individual and Society**

**Catalog Description:** Methodology, history and theories of psychology, brain and behavior, neuropsychology, socialization, motivation, emotion, perception, learning, thinking, intelligence, personality and the adjustment processes, and social psychology.

**Suggested Textbook (The textbook used in a particular section will be chosen by the instructor.):**

Franzoi, Stephen. (2014). Psychology: A Journey of Discovery (5th ed.). OH: Atomic Dog.

**CONTENT-RELATED LEARNING OUTCOMES AND ASSESSMENTS**

<b>LEARNING OUTCOMES</b>	<b>ASSESSMENTS*</b>
Demonstrate an understanding of classic and contemporary concepts of Psychology	Four exams, which include multiple choice and short answer questions. Each exam will cover all the major classical and contemporary fields. Exams and class discussions will serve as tools for students to associate common research methods used in Psychology.
Demonstrate an understanding of the different research methods associated with Psychology.	In-class writing assignments administered after learning about each area of Psychology will serve as a tool for students to demonstrate cognitive flexibility and a basic understanding of how different concepts in Psychology can all relate together.
Demonstrate an understanding of the many different areas within Psychology, along with their main focus areas of study, terms and definitions associated with these different areas of study, and the ability to synthesize these different areas of Psychology.	In class discussions, and question and answer sessions. These assessments will be repeated throughout the course, with the final class devoted to 1) a question and answer session and 2) an in class essay that will assess the students' ability to synthesize all the materials into real world/translational applications

*\* may vary slightly per instructor to suit their own needs*

## PATHWAYS INDIVIDUAL AND SOCIETY LEARNING GOALS

1. Identify and apply the fundamental concepts and methods of a discipline or interdisciplinary field exploring the relationship between the individual and society, including, but not limited to, anthropology, communications, cultural studies, history, journalism, philosophy, political science, psychology, public affairs, religion, and sociology.
2. Examine how an individual's place in society affects experiences, values, or choices.
4. Articulate ethical uses of data and other information resources to respond to problems and questions.

## GENERAL EDUCATION LEARNING OUTCOMES AND ASSESSMENT

LEARNING OUTCOMES	ASSESSMENTS*
<b>KNOWLEDGE:</b> Develop an introductory knowledge of psychology methodology and concepts.	Exam items, assignments, in-class discussion, in-class activities, Discussion Board.
<b>SKILLS:</b> Develop and use the tools needed for communication, analysis and productive work.	Exam items, assignments, in-class discussion, in-class activities, Discussion Board.
<b>INTEGRATION:</b> Work productively within and across disciplines.	Exam items, assignments, in-class discussion, in-class activities, Discussion Board.
<b>VALUES, ETHICS, AND RELATIONSHIPS:</b> Understand and apply values, ethics, and diverse perspectives in personal, civic, and cultural/global domains.	Exam items, assignments, in-class discussion, in-class activities, Discussion Board.

*\* may vary slightly per instructor to suit their own needs*

**Sample Exams, Assignments and Grading (Course requirements and grading will be determined by the individual instructor.):**

### Exams:

Three exams and a **cumulative** final exam will be given this semester. The lowest of the three exam grades will be dropped; however, your grade on the cumulative final exam will not be dropped. Each exam will cover the assigned readings, lectures, and demonstrations. No make-up exams will be given. If students miss any of the first three exams, the grade on that exam (0) will be the dropped grade. Students must take the final exam. Late students will not be admitted to class once an exam is in progress.

### Assignments:

Two brief assignments will be assigned this semester. Detailed information regarding the assignments and format will be distributed during the first week of the semester. The assignments must be handed in on their respective due dates.

### Grading:

Final grades will be determined by summing the points earned for the exams and the two assignments:

- Two best exam grades = 40% (20% each) Cumulative final exam grade = 30% Assignment #1 = 15%
- Assignment #2 = 15%

The letter grade equivalent for your final grade will be assigned according to the following scale:

A	100-93
A-	92.9-90
B+	89.9-87
B	86.9-83
B-	82.9-80
C+	79.9-77
C	76.9-70
D	69.9-60
F	59.9-0

### **ATTENDANCE POLICY**

It is the conviction of the Department of Social Science that a student who is not in a class for any reason is not receiving the benefit of the education being provided. Missed class time includes not just absences but also latenesses, early departures, and time outside the classroom taken by students during class meeting periods. Missed time impacts any portion of the final grade overtly allocated to participation and/or any grades awarded for activities that relate to presence in class.

Instructors may including a reasonable “Participation” grade into their final grade calculations for this course.

### **STUDENT ACCESSIBILITY**

City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state, and/or city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility and/or would like to seek accommodation services and/or academic adjustments, please email the [Student Accessibility Center](#).

## **COMMITMENT TO STUDENT DIVERSITY**

The Department of Social Science complies with the college wide nondiscrimination policy and seek to foster a safe and inclusive learning environment that celebrates diversity in its many forms and enhances our students' ability to be informed, global citizens. Through our example, we demonstrate an appreciation of the rich diversity of world cultures and the unique forms of expression that make us human.

## **ACADEMIC INTEGRITY POLICY**

Students and all others who work with information, ideas, texts, images, music, inventions, and other intellectual property owe their audience and sources accuracy and honesty in using, crediting, and citing sources. As a community of intellectual and professional workers, the College recognizes its responsibility for providing instruction in information literacy and academic integrity, offering models of good practice, and responding vigilantly and appropriately to infractions of academic integrity. Accordingly, academic dishonesty is prohibited in The City University of New York and at New York City College of Technology and is punishable by penalties, including failing grades, suspension, and expulsion. The complete text of the College policy on Academic Integrity may be found in the catalog.

## **Sample Weekly Sequence of Topics (Topics and time allocation may vary slightly per instructor to suit their own needs):**

### **Weeks & Topics**

Week One	Introduction to Psychology: What is psychology, early pioneers, classic and contemporary theories, areas of specialization
Week Two	The Vehicle for Psychological Discovery: Is Psychology common sense, steps in conducting research, commonly used scientific methods
Week Three	Neurological and Genetic Bases of Behavior: The neuron, neural and hormonal systems, the brain, genetic influences on behavior
Week Four	Human Development: Physical and prenatal development, social development, cognitive development, moral development, adolescence, adulthood
Week Five	Sensation and Perception: Basic principles of sensation, vision, hearing, smell, taste, touch, proprioceptive senses, perception

Week Six	Learning: Classical Conditioning, Operant conditioning, Observational Learning
Week Seven	Consciousness: Nature of consciousness, sleep, altered states of consciousness
Week Eight	Memory: nature of memory, sensory, short-term, long-term memory, organization of memory, memory retrieval, forgetting, biological basis for memory
Week Nine	Intelligence: Measuring intelligence, one thing or memory, dynamics of intelligence, heredity and environmental influences on intelligence
Week Ten	Motivation and Emotion: Motivation, hunger and eating, sexual motivation, achievement motivation, emotion
Week Eleven	Personality: Nature of personality, psychoanalytic perspective, humanistic perspective, trait perspective, social-cognitive perspective, measuring personality, biological basis for personality
Week Twelve	Psychological Disorders: How do we define and explain disorders, classification, major classes of disorders
Week Thirteen	Therapy: Who offers therapies, psychodynamic therapies, behavior therapies, cognitive therapies, humanistic therapies, other forms of psychotherapy, biomedical therapies, economic and social trends in mental health treatment
Week Fourteen	Stress, Health and Coping: Causes of stress, what moderates stress, behaviors that help or hurt our health
Week Fifteen	Social Behavior: Social Perception, attitudes, social influence, hurting or

helping others, interpersonal attraction and love

*Reviewed/revised by: Marie Parnes, Ph.D., spring 2006; spring 2012; December 2015 Steve Alden, Ph.D., spring 2009; Peter Parides, Spring 2021*