



# NEW YORK CITY COLLEGE OF TECHNOLOGY



## Fall 2024 Recreation

Starts September 3, 2024 and ends December 10, 2024

### FULL BODY YOGA STRETCH



Tuesday - 2:00 pm - 4:00 pm

285 Jay Street

**A LL (202)**

**RECREATION & INTRAMURAL OFFICE**

**LOCATED IN ROOM A LL112**

ALL SCHEDULES SUBJECT TO CHANGE