



CITY TECH



Fall 2024 Recreation Schedule

Recreation begins September 3, 2024 and ends December 13, 2024

FITNESS CENTER (285 JAY ST)

CIRCUIT TRAINING / CROSS FIT / ZUMBA

Monday	Open Recreation	11:00 am - 3:30 pm
Tuesday	Open Recreation	11:00 am - 4:00 pm
Wednesday	Open Recreation	11:00 am - 5:45 pm
Thursday	Open Recreation	11:00 am - 3:30 pm
Friday	Open Recreation	11:00 am - 1:00 pm



Unless otherwise is indicated. See Recreation Schedule

GAME ROOM (285 JAY ST)

Monday	Open Recreation	11:00 am - 3:30 pm
Tuesday	Open Recreation	11:00 am - 4:00 pm
Wednesday	Open Recreation	11:00 am - 5:00 pm
Thursday	Open Recreation	11:00 am - 3:00 pm
Friday	Open Recreation	11:00 am - 1:00 pm



QUIET GAMES

Checkers, Chess, Dominos
Monday – Thursday 11:00 am – 3:00 pm

RECREATION & INTRAMURAL OFFICE
LOCATED IN ROOM A LL 112

ALL SCHEDULES SUBJECT TO CHANGE