



NEW YORK CITY COLLEGE OF TECHNOLOGY



Summer 2025 Recreation Schedule

Recreation begins June 2, 2025 and ends August 7, 2025



FITNESS CENTER (285 Jay St)

CIRCUIT TRAINING - CROSS FIT - ABS - ZUMBA - YOGA

Monday	Open Recreation	9:00 am – 5:00 pm
Tuesday	Open Recreation	9:00 am – 5:00 pm
Wednesday	Open Recreation	9:00 am – 5:00 pm
Thursday	Open Recreation	9:00 am – 5:00 pm



Unless otherwise indicated. See Recreation Schedule

GAME ROOM (285 Jay St)

Monday	Open Recreation	10:00 am – 5:00 pm
Tuesday	Open Recreation	10:00 am – 5:00 pm
Wednesday	Open Recreation	10:00 pm – 5:00 pm
Thursday	Open Recreation	10:00 am – 5:00 pm



QUIET GAMES

Chess, Dominos, Uno
Monday – Thursday 10:00 am – 5:00 pm

**RECREATION & INTRAMURAL OFFICE
LOCATED IN ROOM A LL112**

ALL SCHEDULES SUBJECT TO CHANGE