



CITY TECH



Spring 2025 Recreation Schedule

Recreation begins January 27, 2025 and ends May 15, 2025

FITNESS CENTER (285 JAY ST)

CIRCUIT TRAINING / CROSS FIT / ZUMBA / YOGA

Monday	Open Recreation	9:00 am - 5:45 pm
Tuesday	Open Recreation	9:00 am - 5:45 pm
Wednesday	Open Recreation	9:00 am - 5:45 pm
Thursday	Open Recreation	9:00 am - 5:45 pm
Friday	Open Recreation	9:00 am - 2:00 pm



Unless otherwise is indicated. See Recreation Schedule

GAME ROOM (285 JAY ST)

Monday	Open Recreation	10:00 am - 5:30 pm
Tuesday	Open Recreation	10:00 am - 5:30 pm
Wednesday	Open Recreation	10:00 am - 5:30 pm
Thursday	Open Recreation	10:00 am - 5:30 pm
Friday	Open Recreation	10:00 am - 2:00 pm



QUIET GAMES

Checkers, Chess, Dominos

Monday – Thursday 10:00 am – 3:00 pm

RECREATION & INTRAMURAL OFFICE
LOCATED IN ROOM A LL 112

ALL SCHEDULES SUBJECT TO CHANGE