



## FINANCIALLY FIT TUESDAYS

PRESENTED BY MUNICIPAL CREDIT UNION



## UNDERSTANDING CREDIT

Credit Report vs. Credit Score

How to improve your credit

MCU JAY STREET BRANCH 350 Jay Street Brooklyn, NY 11201

August 15, 2017 6:00 pm - 7:00 pm Financial stress can take a toll on your mental health. The pressures of credit card debt, budgeting, and saving can lead to increased anxiety and stress.

MCU's Financially Fit Series was established as an additional benefit to your employees by giving them the tools they need to become financially fit. We provide them with a roadmap to navigate the basics of personal finance through seminars and one-on-one credit counseling.



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