



STUDENT WORKSHOPS

CONDUCTED BY COLLEGE NOW ADVISORS & TUTORS

College Now

FREE, 1-hour college-readiness workshops are offered to College Now students after class on Saturday afternoons.

Senior Seminar

Do you know what colleges look for in an applicant? Have you completed your FAFSA and TAP? This seminar will help you to understand how to complete your FAFSA and TAP, what colleges look for in their applicants, and how to narrow down your college selection.

Junior Seminar

Do you feel overwhelmed searching for the right college to attend? This seminar will help you to identify what type of college is the best fit for you.

Sophomore Seminar

Are you taking the right classes in high school to prepare you for college? Have you been preparing for your SAT's? This seminar will discuss the steps that sophomores should be taking in high school to prepare them for college in the future.

Personal Statement

Are you having trouble writing your personal statement for your college applications? This workshop will help you understand the purpose of a personal statement and will identify the necessary tools to create an effective personal statement.

Research and Citation

Do you know what plagiarism is? Are you having trouble with the citations in your research paper? This workshop will help you identify the three types of academic writing formats and demonstrate the proper way to cite sources in your research paper.

Financial Aid Symposium

Do you need money to go to college? This series of workshops will help you understand the different types of financial aid and scholarships available to you. This workshop will also discuss the importance of maintaining a strong GPA once you are enrolled in college.

Workshop locations are announced in-class and by email, prior to scheduled workshop dates. If you have any questions, please contact the College Now office at 718-260-5206 to speak with an advisor.

We are open to feedback, and welcome suggestions for future workshop offerings! Please email MBrittain@citytech.cuny.edu with your suggestions.



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Information Literacy

Have you visited the City Tech library? Do you know how to find instructional support materials in the library? This workshop will empower you to use the library's online database to find information relevant to your research papers. This workshop will also promote problem solving approaches and critical thinking skills.

Career Exploration

Sigmund Freud said, "To work and love, that's all there is to life." Work is an integral part of our lives. As Confucius said, if you choose a job you love, you will never have to work a day in your life. Find ways to take into consideration your natural talent, interests, strengths and weaknesses to find a career that fits you best.

Resume Writing

Do you know how to create an effective resume and cover letter? This workshop will help you distinguish the different types of resume formats and how to write an effective cover letter. You will also learn what information can be included in a resume and how to organize it to make yourself stand out.

Finals Stress Relief

Your final exam, paper or project has a HUGE impact on your final grade. This can cause jitters and apprehension; but don't stress! Find ways to beat the anxiety by kicking back with us for an afternoon of Zen. You will learn various stress relief techniques such as breathing, relaxation exercises, and meditation.

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